

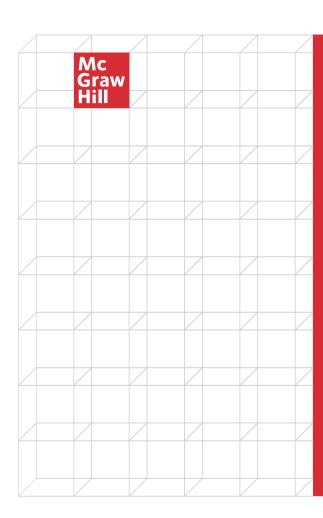
# Access Medicine

# **User Guide**

ACMユーザーガイド







# **CONTENT**

| O1 | Offiline Textbook Library        |    |
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| 02 | 2 Minute Medicine®               |    |
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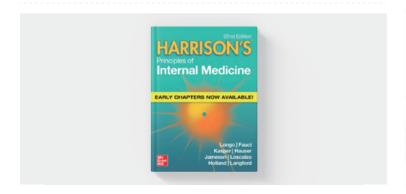




# 常にアップデートされる

# **Online Textbook Library**

- ハリソン内科学(Harrison's Principles of Internal Medicine)を含む、第一線の医学教科書の最新版を提供
- 既存バージョンを含むアーカイブ教科書を提供
- 📝 常に最新の資料をアップデート
- ☆ チャプター別・セクション別の閲覧、ダウンロード、 注釈およびパーソナライズ機能を提供



#### **Textbooks**

#### Harrison's Principles of Internal Medicine, 22e

Dan Longo, Anthony Fauci, Dennis Kasper, Stephen Hauser, J. Larry Jameson, Joseph Loscalzo, Steven Holland, Carol Langford

#### **Current Medical Diagnosis & Treatment 2025**

Maxine A. Papadakis, Michael W. Rabow, Kenneth R. McQuaid, Monica Gandhi

#### Adams and Victor's Principles of Neurology, 12e

Allan H. Ropper, Martin A. Samuels, Joshua P. Klein, Sashank Prasad

#### The Atlas of Emergency Medicine, 5e

Kevin J. Knoop, Lawrence B. Stack, Alan B. Storrow, R. Jason Thurman

#### Basic & Clinical Biostatistics, 5e

Susan E. White

#### Basic & Clinical Pharmacology, 15e

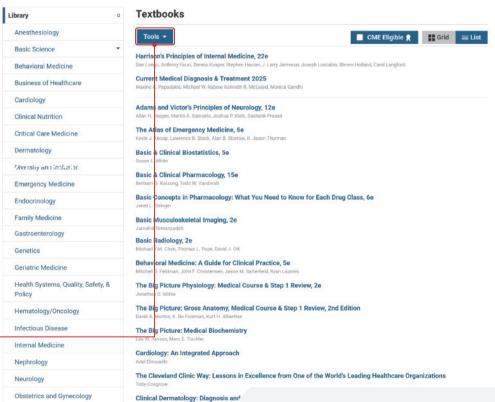
Bertram G. Katzung, Todd W. Vanderah





## Online Textbook Library Page Books

■ テーマ別の電子書籍を提供 新刊およびアップデートの通知サービス Get Alerts 全ての電子書籍リストのエクスポート機能 • Exportable list of resources アーカイブ教科書の閲覧機能 View archived textbooks Get Alerts View an exportable list of resources View archived textbooks





# **Online Textbook Library Page**

2 Minute Medicine®

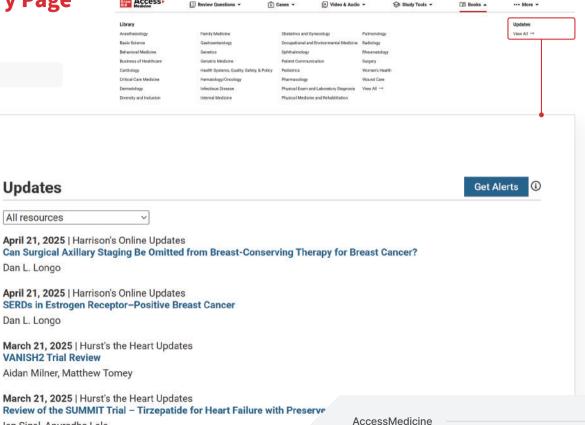


Dan L. Longo

Dan L. Longo

**VANISH2 Trial Review** 

Ian Sigal, Anuradha Lala

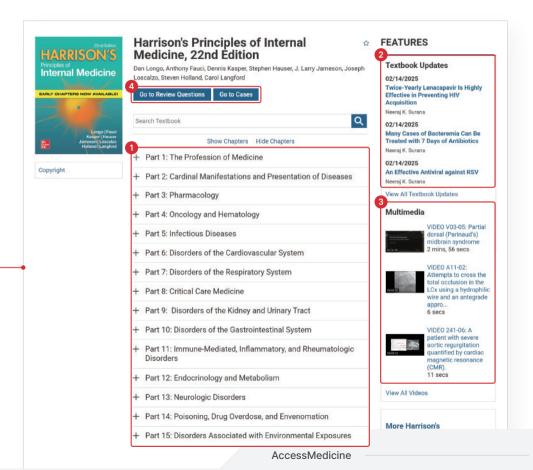




# Online Textbook Library Page 多彩な機能を備えた便利なツール

- 1 パート、チャプター、セクションごとの閲覧に対応
- 2 教科書のアップデートを提供
- 3 関連マルチメディア資料を提供
- 4 教科書に基づいたレビュー問題(Review Questions) およびケーススタディを収録

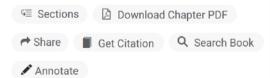


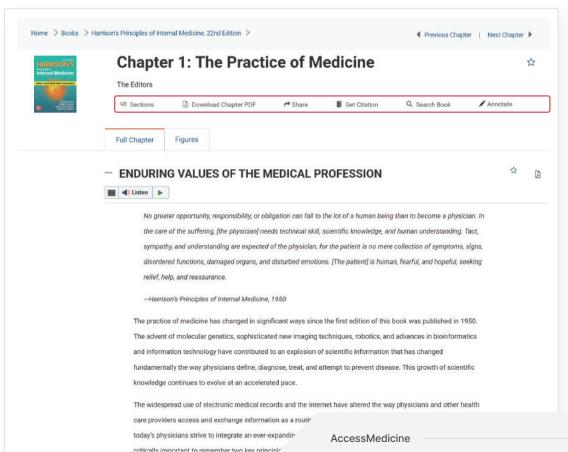




# **Book Chapter Page**

- 1 セクション別の範囲確認機能
- 2 チャプター単位のPDFダウンロード機能
- ③ メール・SNS共有機能
- 4 引用機能
- 5 電子書籍内の検索機能
- 6 注釈機能



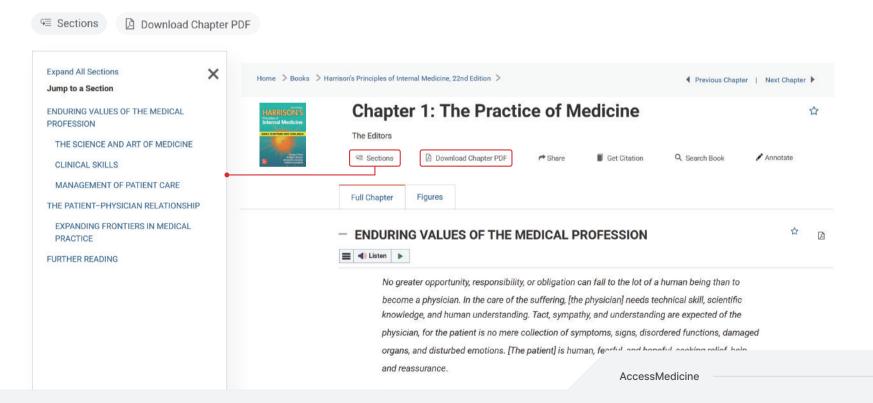


07

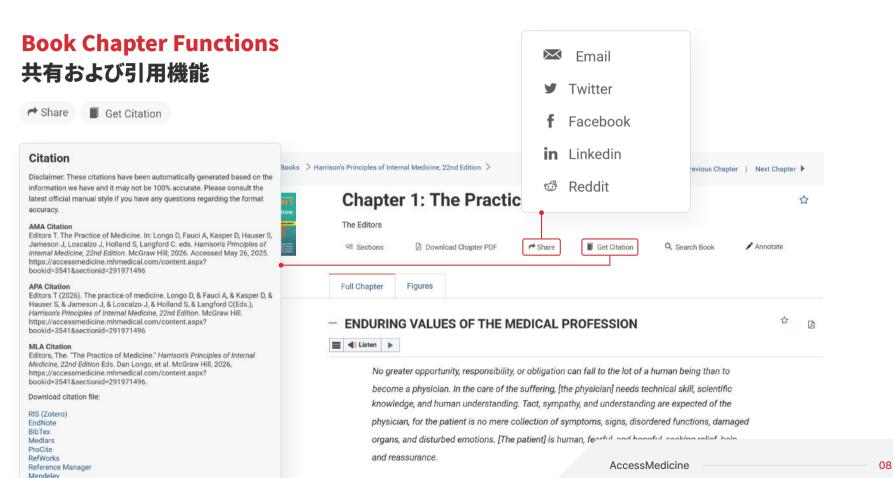


# **Book Chapter Functions**

# セクション表示およびチャプターのダウンロード



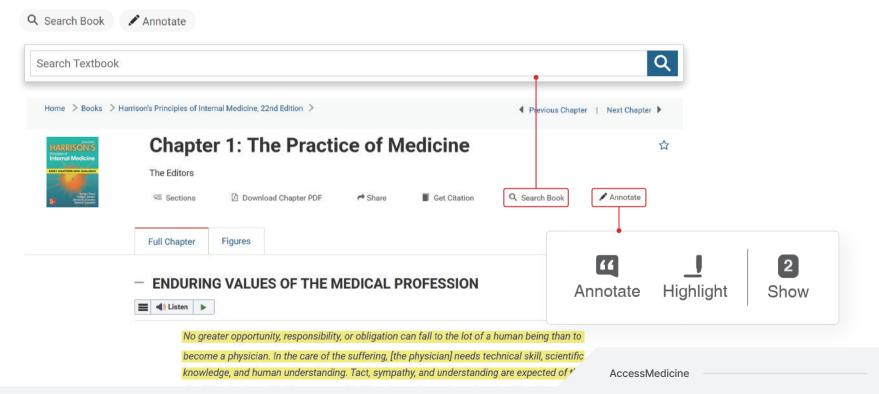






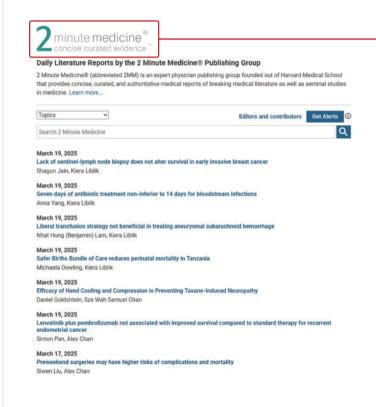
## **Book Chapter Functions**

# 検索および注釈機能









# 2 Minute Medicine®のご紹介 Q

- ハーバード・メディカル・スクール(Harvard Medical School) 所属の専門医による出版グループ
- 🎥 画期的な医学文献や医学分野の先駆的研究を厳選
- **ℱ 原著論文(Original Article)へのアクセス**リンク付き
- 📑 トピック(Topic)別にレポートを提供
- リアルタイム通知機能を提供
- 🗘 注釈、印刷、お気に入り機能を提供

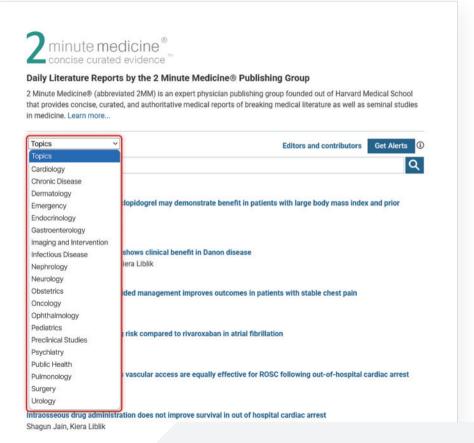


# トピック(Topic)ごとのレポート検索機能

曇 気になるトピック(Topic)をクリックして、 最新のレポートを確認しましょう。

## 💼 全20個のトピック

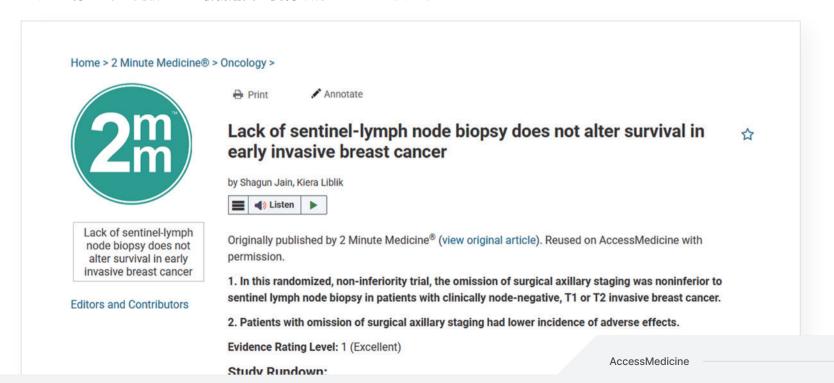






# 2 Minute Medicine® Reportページ

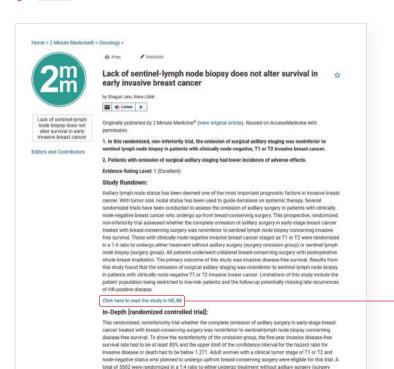
2 Minute Medicine® by Harvard Medical Publishing わずか**2分**で、常に更新される**最新論文の要約**を読むことができます。





# 2 Minute Medicine® Reportページ

## ℳ リンクから論文全文にアクセス可能



ORIGINAL ARTICLE



## Axillary Surgery in Breast Cancer — Primary Results of the INSEMA Trial

Authors: Toralf Reimer, Ph.D., Angrit Stachs, Ph.D., Kristina Veselinovic, M.D., Thorsten Kühn, Ph.D., Jörg Heil, Ph.D. 9 Silke Polata, M.D., Frederik Marmé, Ph.D., 415, and Bernd Gerber, Ph.D. Author Info & Affiliations

Published December 12, 2024 | N Engl | Med 2025;392;1051-1064 | DOI: 10.1056/NEIMoa2412063 VOL. 392 NO. 11 | Copyright @ 2024









## Abstract RACKGROUND

Whether surgical axillary staging as part of breast-conserving therapy can be omitted without compromising survival has remained unclear.

#### METHODS

In this prospective, randomized, noninferiority trial, we investigated the omission of axillary surgery as compared with sentinel-lymph-node biopsy in patients with clinically nodenegative invasive breast cancer staged as T1 or T2 (tumor size, ≤5 cm) who were scheduled to undergo breast-conserving surgery. We report here the per-protocol analysis of invasive disease-free survival (the primary efficacy outcome). To show the noninferiority of the omission of axillary surgery, the 5-year invasive disease-free survival rate had to be at least 85%, and the upper limit of the confidence interval for the hazard ratio for invasive disease or death had to be below 1.271.

#### RESULTS

A total of 5502 eligible patients (90% with clinical T1 cancer and 79% with pathological T1 cancer) underwent randomization in a 1:4 ratio. The perprotocol population included 4858 patients; 962 were assigned to undergo treatment without axillary surgery (the surgery-omission group), and 3896 to undergo sentinel-lymph-node biopsy (the surgery

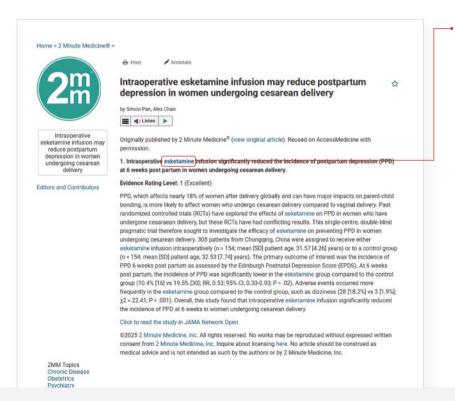


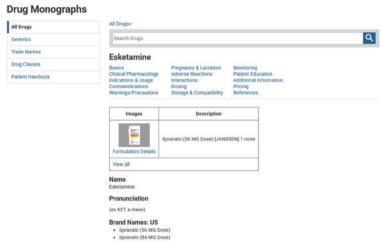


# 2 Minute Medicine® Reportページ



## 🚆 リンクから関連する薬剤情報を確認可能







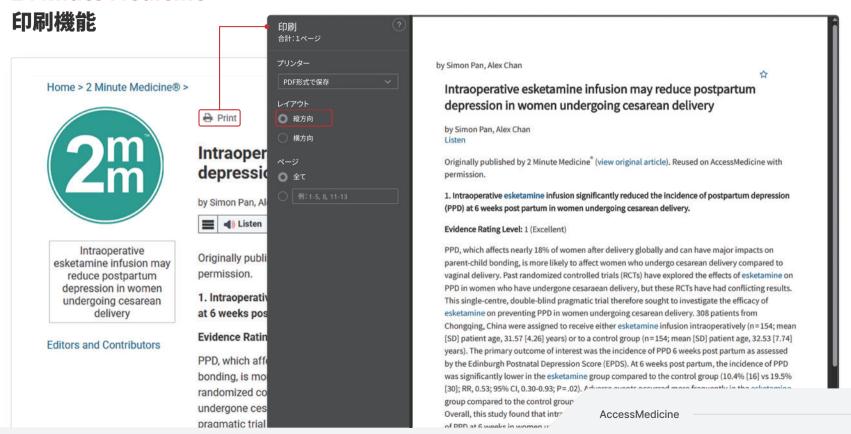
## 2 Minute Medicine®

# 印刷、注釈、お気に入り機能

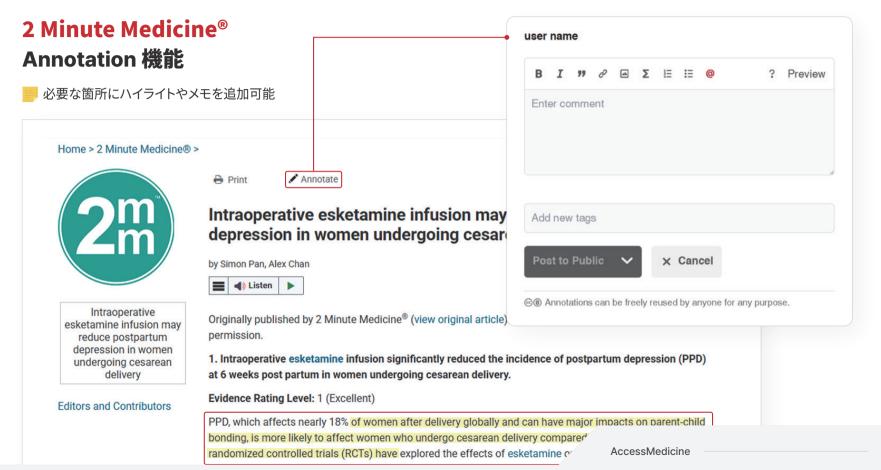




## 2 Minute Medicine®





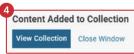




# 2 Minute Medicine® お気に入り機能

- 1 ページ内のスター(★)をクリック
- 2 Create a new collection
- 3 コレクション名(Collection Name)を作成
- 4 View Collection
- 5 マイコレクション(My Collections)で確認可能











## Case Files® Collection のご紹介

## 実際の患者症例から学ぶ医学!

Case Files® Collectionは、数百件のリアルケースを活用し、基礎から臨床まで統合的に学べるスマートな学習ツールです。 学生には臨床感覚を養うための実践的な症例を、教授には授業をサポートするデジタル教材を。ケースベース学習の真価をご体験ください。



**厳選された臨床ケース**を通じて学習成果の向上をサポート



🚘 全23巻のCase Files® シリーズを収録し、基礎医学から専門医レベルまでの幅広いケースを提供



臨場感あふれる患者ケースを使ったインタラクティブ学習で、理解の深化と記憶への定着を促進。



パーソナライズ機能: ケースを完了・未完了に設定することで、学習進捗状況を簡単に管理可能



## 症例ベース

# スパイラル型学習カリキュラムの提供

- 1 Case(シナリオ)
- 2 Approach(アプローチ)
- 3 Anatomy Pearls(解剖学の要点情報)
- 4 References(参考文献)
- Comprehension Q&A(理解度チェック問題)



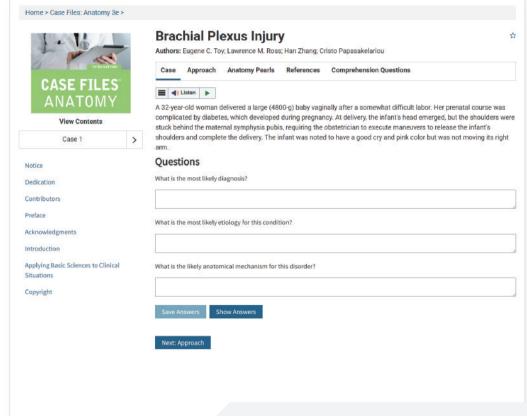












## Cases

## シナリオおよび解答の提供

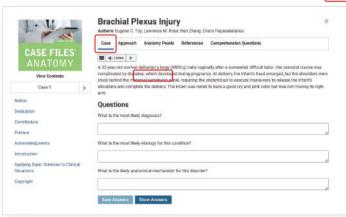
- 1 シナリオの提供
- 2 解答の提示
- 要約
- 診断(etiology, anatomical mechanism)
- 臨床的相関性

Case Approach Anatomy Pearls References Comprehension Questions

Answers to Case 1: Brachial Plexus Injury

Summary: A large (4800-g) infant of a diabetic mother is delivered after some difficulty and cannot move its right arm. There is shoulder dystocia (the infant's shoulders are stuck after delivery of the head).

- . Most likely diagnosis: Brachial plexus injury, probably Erb palsy (Duchenne-Erb paralysis)
- . Most likely etiology for this condition: Stretching of the upper brachial plexus during delivery
- Likely anatomical mechanism for this disorder: Stretching of nerve roots C5 and C6 by an abnormal increase in the angle between the neck and the shoulder



#### cal Correlation

In general delivery, particularly of a large infant, shoulder dystocia may occur. In this situation, the fetal head emerges, but the liders become wedged behind the maternal symphysis pubis. An obstetrician will use maneuvers such as flexion of naternal hips against the maternal abdomen (McRobert maneuver) or fetal maneuvers such as pushing the fetal liders into an oblique position. These actions are designed to allow delivery of the fetal shoulders without excessive ion on the fetal neck. Despite such carefully executed maneuvers, infants may be born with stretch injuries to the hial plexus, resulting in nerve palsies. The most common of these is an upper brachial plexus stretch injury, in which a roots C5 and C6 are affected, resulting in weakness of the infant's arm. Such injuries usually resolve spontaneously.

ve Answers

AccessMedicine

## Cases

## **Approach**

• Objectives: 目標 (医学研究や教育で達成しようとする目的)

• Definitions: 定義 (医学用語や概念に関する明確な説明)

• Discussion: 論議 (医学的なテーマや研究成果に対する解釈および分析)

# Brachial Plexus Injury Authors: Eugene C. Toy; Lawrence M. Ross; Han Zhang; Cristo Papasakelariou Case Approach Anatomy Pearls References Comprehension Questions

# ■ ◆ Listen ► Objectives

- Be able to describe the spinal cord segments, named terminal branches, and motor and sensory deficits of an upper brachial plaxus injury
- Be able to describe the mechanism, spinal cord segments, named terminal branches, and motor and sensory deficits of a lower brachial plexus injury
- Be able to describe the mechanism, spinal cord segments, named terminal branches, and motor and sensory deficits with cord injury of the brachial plexus

### Definitions

BRACHIAL PLEXUS: A major peripheral nerve network formed by the anterior primary rami of the fifth cervical to the first thoracio spinal nerves

UPPER BRACHIAL PLEXUS INJURY: Typically involves nerve roots C5 and C6, resulting in the upper limb hanging at the side, with medial rotation and the palm facing posteriorly

LOWER BRACHIAL PLEXUS INJURY: Less common injury involving C8 through T1 and the ulnar nerve, leading to interosseous muscle atrophy and claw hand

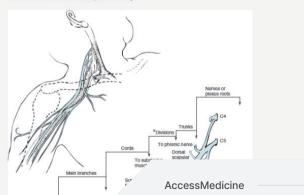
SHOULDER DYSTOCIA: Condition whereby the fetal head delivers vaginally but the shoulders are impacted behind the maternal bony pelvis

## Discussion

The brachial plexus arises from the inferior portion of the cervical spinal cord enlargement. It is formed by the ventral primary rami of spinal nerves C5 through C8 and most of T1. The network of nerves that form the brachial plexus is divided anatomically from proximal (medial) to distal (lateral) into roots, trunks, divisions, cords, and terminal branches (mnemonic: "Randy Travis drinks cold Texas beer"). The roots of the plexus emerge from between the anterior and middle scalene muscles together with the subclavian artery. Arising from the roots are branches to the longus colli and scalene muscles and the dorsal scapular and long thoracic nerves. The roots unite to form superior, middle, and inferior trunks. The suprascapular nerve and the nerve to the subclavius muscle arise from the superior trunk. Each trunk is divided into anterior and posterior divisions, which will innervate musculature of the anterior and posterior compartments, respectively (Figure 1-1).

#### FIGURE 1-1

The brachial plexus. (Reproduced, with permission, from Waxman SG. Clinical Neuroanatomy, 25th ed. New York: McGraw-Hill, 2003:348.)

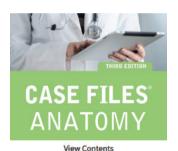


公

## Cases

# Anatomy Pearls (解剖学の要点情報)

■ 解剖学の要点情報を Bulletポイント形式で提供



Case 1/58

Notice Dedication

Contributors

Preface

Acknowledgments

# **Brachial Plexus Injury**

Authors: Eugene C. Toy; Lawrence M. Ross; Han Zhang; Cristo Papasakelariou

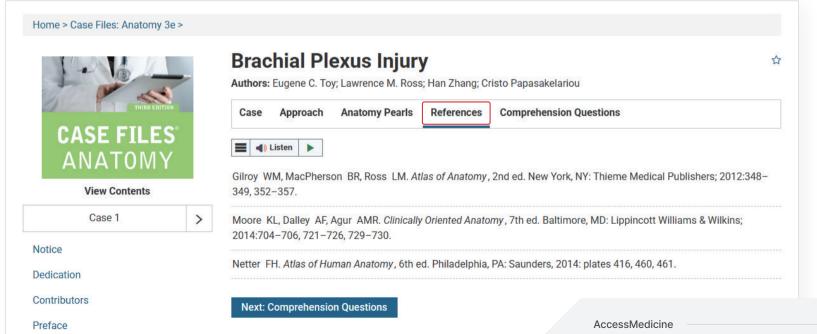


- Widening of the angle between the neck and shoulder may stretch the C5 and C6 roots and/or superior trunk, thereby damaging the axillary, musculocutaneous, and suprascapular nerves.
- An upper plexus injury results in Erb palsy (or Duchenne-Erb paralysis), which is characterized by an adducted and medially rotated arm, extended elbow, and pronated hand (waiter's tip sign).
- . The axillary nerve is at risk for fracture of the surgical neck of the humerus.
- The musculocutaneous nerve supplies all the muscles of the anterior compartment of the arm.
- An abnormal increase in the angle between the upper limb and the thorax and/or severe abduction traction may stretch
  the C8 and T1 roots and/or the inferior trunk and, hence, affect the ulnar and median nerves.
- A lower plexus injury may result in Klumpke palsy, which is characterized primarily by signs of ulnar nerve damage (claw hand).
- The ulnar nerve innervates all except five muscles of the hand: the three thenar muscles and the lumbricalis muscles to
  the index and middle fingers. In ulnar nerve palsies, the patent is unable to abduct and adduct the fingers.
- A posterior cord injury results in signs of radial nerve damage (wrist dror)

## Cases

# References(参考文献)

References 提供により、便利に引用可能



## Cases

## 理解度チェック問題の提供

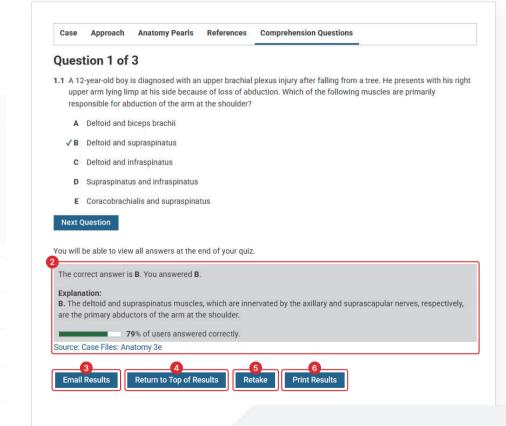
選択肢から解答を選び、提出

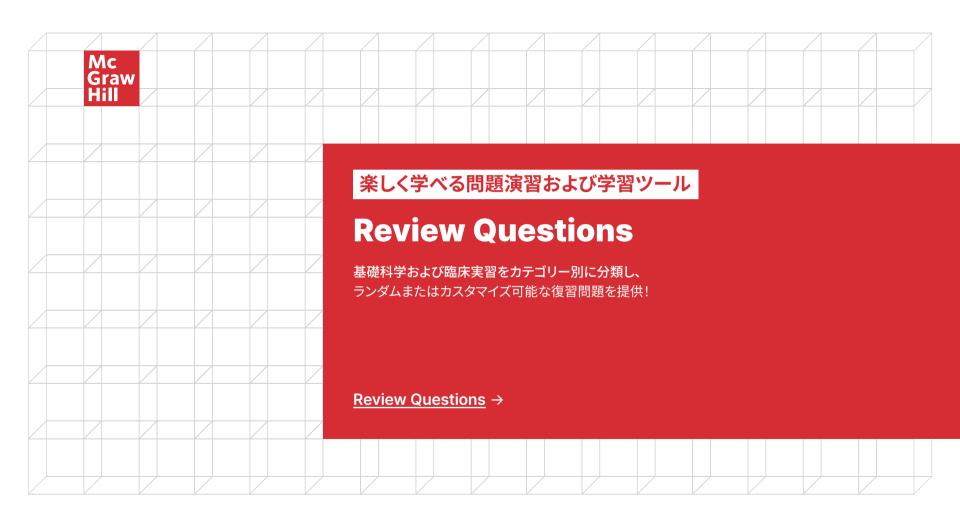
## Ouestion 1 of 3

- 1.1 A 12-year-old boy is diagnosed with an upper brachial plexus injury after falling from a tree. He presents with his right upper arm lying limp at his side because of loss of abduction. Which of the following muscles are primarily responsible for abduction of the arm at the shoulder?
  - O A Deltoid and biceps brachii
  - O B Deltoid and supraspinatus
  - O C Deltoid and infraspinatus
  - O D Supraspinatus and infraspinatus
  - O E Coracobrachialis and supraspinatus

Submit & View Answer Submit & View Next Question

- 2 正解および解説の表示
- 3 Email Results: 解答結果をメールで送信
- 4 Return Top of Results: 結果画面の最上部へ移動
- Retake: 問題を再挑戦
- Print Results: 結果を印刷またはPDFとして保存

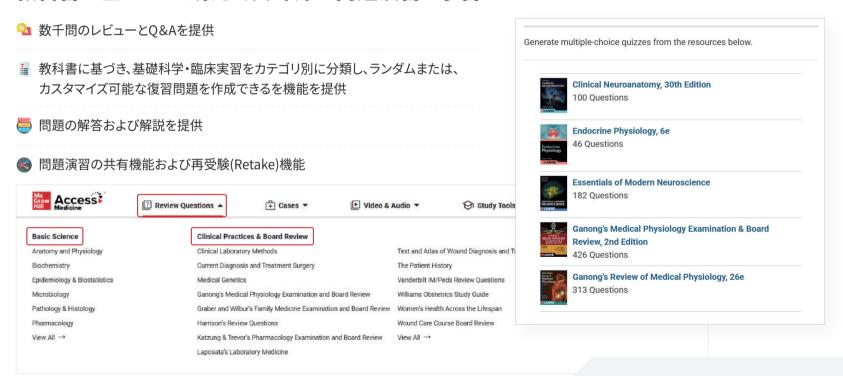






# レビュー問題Review Questions 機能

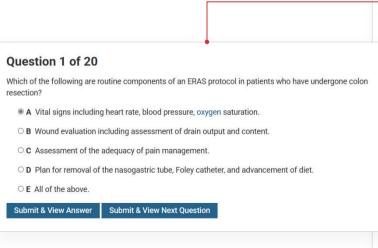
## 教科書に基づいた、楽しく興味深い問題演習&学習ツール

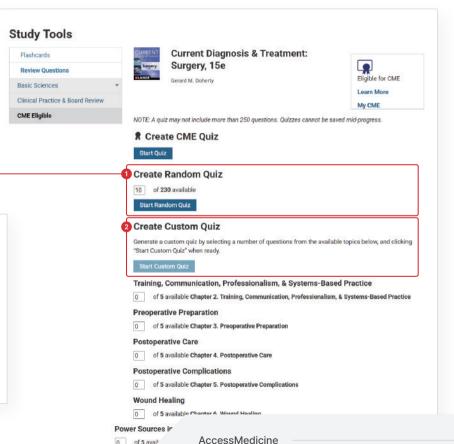




# レビュー問題(Review Questions)機能 **Random Quiz & Custom Quiz**

- ランダムな問題作成が可能
- ② 教科書のセクション別にカスタマイズした問題の作成が可能





0 of 5 avail

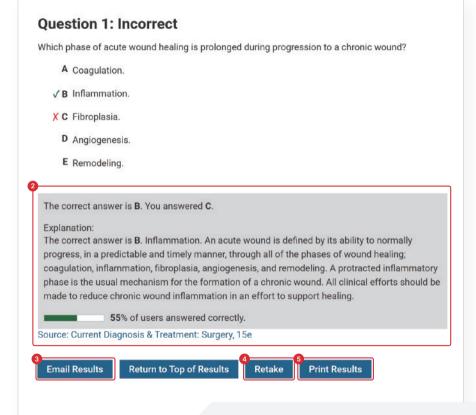


# レビュー問題(Review Questions)機能 クイズ(Quiz)に解答

1 選択肢を選んで提出



- 2 正解および解説を提供
- \* 問題の出典は解説欄のリンク(Source)から確認可能
- ③ 電子メール(Email)で結果を共有する機能
- 4 再挑戦(Retake)機能
- 6 結果を印刷する機能



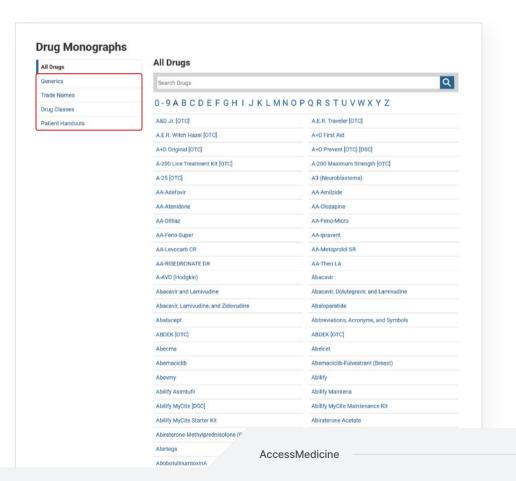


# 数千種類の薬剤を体系的に整理した \*\*統合薬剤データベース

## \*\*分類

- ① 成分(Generics)
- 2 商品名(Trade Names)
- ③ 薬剤分類(Drug Classes)
- 4 患者向け資料の提供





References

# Drug Monographs 薬剤情報の例および概要

## 1 薬剤情報の提供

- 関連する臨床薬理学(Clinical Pharmacology)
- 適応症および用法・用量(Indications and Usage)
- 禁忌(Contraindications)
- 副作用(Adverse Reactions)
- 薬物相互作用(Drug Interactions)
- 用量(Dosing)等

#### Abatacept

Basics Clinical Pharmacology Indications & Usage Contraindications Warnings/Precautions Pregnancy & Lactation Adverse Reactions Interactions Dosing Administration

Storage & Compatibility Monitoring Patient Education Additional Information References

#### Mechanism of Action

Abatacept is a selective costimulation modulator; it inhibits T-cell (T-lymphocyte) activation by binding to CD80 and CD86 on antigen presenting cells (APC), thus blocking the required CD28 interaction between APCs and T cells. Activated T lymphocytes are found in the synovium of patients with rheumatoid arthritis, polyarticular juvenile idiopathic arthritis, and psoriatic arthritis. Costimulation blockade has a role in preventing graft-versus-host disease (Watkins 2021).

#### Pharmacokinetics (Adult Data Unless Noted)

Distribution: V<sub>ss</sub>; Rheumatoid arthritis (RA): IV: 0.07 L/kg (range: 0.02 to 0.13 L/kg); acute graft-versus-host disease (aGVHD) prophylaxis: 0.13 to 0.17 L/kg

## Abatacept

#### Basics

Clinical Pharmacology Indications & Usage Contraindications Warnings/Precautions Pregnancy & Lactation Adverse Reactions Interactions Dosing Administration Storage & Compatibility
Monitoring
Patient Education

Additional Information
Pricing

Images

Formulation Details

Orencia [B-M SQUIBB U.S. (PRIMARY CARE)] 250 mg

Description

View all

#### Name

Abatacept

#### Pronunciation

(ab a TA sept)

#### **Brand Names: US**

- Orencia
- · Orencia ClickJect

#### **Pharmacologic Category**

- · Antirheumatic, Disease Modifying
- · Selective T-Cell Costimulation Blocker

#### **Medication Safety Issues**

Sound-alike/look-alike issues:

Orencia may be confused with Oracea

## **Drug Monographs** 患者向け資料の提供 国別の薬剤名 2 注意事項 薬剤の主な使用目的 服用前の注意事項 6 服用方法 6 副作用の案内等 **Drug Monographs Patient Handouts** All Drugs Generics Search Drugs Trade Names A B C D E F G H I J K L M N O P Q R S T U V W Drug Classes Patient Handouts

Abacavir

Abacavir, Lamivudine, and Zidovudine

### Abacavir

Print Section

#### Pronunciation

(a BAK a veer)

#### Brand Names: U.S.

Ziagen

#### **Brand Names: Canada**

• Ziagen®

#### Warning

- Unsafe and sometimes deadly allergic effects may happen with this drug. Tell your doctor about any fever, rash, feeling tired, upset stomach, throwing up, loose stools, belly pain, flu-like signs, sore throat, cough, or trouble breathing. Do not restart this drug if you have had an allergic reaction.
- The chance of allergic effects is raised in people who have a certain gene called HLA-B\*5701. Your doctor may check your blood work before you start this drug. Talk with your doctor.
- This drug may rarely cause swollen liver and an acid health problem in the blood. This may be deadly in some cases.
   The chance may be higher in women, in overweight people, and in people who have taken drugs like this one for a long time. Talk with your doctor.

#### What is this drug used for?

. It is used to treat HIV infection.

#### What do I need to tell my doctor BEFORE I take this drug?

- . If you have an allergy to abacavir or any other part of this drug.
- If you are allergic to any drugs like this one, any other drugs, foods, or other substances. Tell your doctor about the
  allergy and what signs you had, like rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips,
  tongue, or throat; or any other signs.
- · If you have liver disease.

Abacavir and La

Abatacept

- . If you are taking another drug that has the same drug in it.
- This is not a list of all drugs or health problems that interest with this days
- Tell your doctor and pharmacist about all of your dr problems. You must check to make sure that it ir problems. Do not start stop or change the dr

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## Diagnosaurus® 鑑別診断ツール

**All Differential Diagnoses** 

Abdominal pain and fever

Search Diagnosaurus

Gastroenteritis

· Urinary tract infection

· Liver or abdominal abscess

· Pelvic inflamatory disease

· Ruptured ectopic pregnancy

· Tubo-ovarian abscess

Pancreatitis

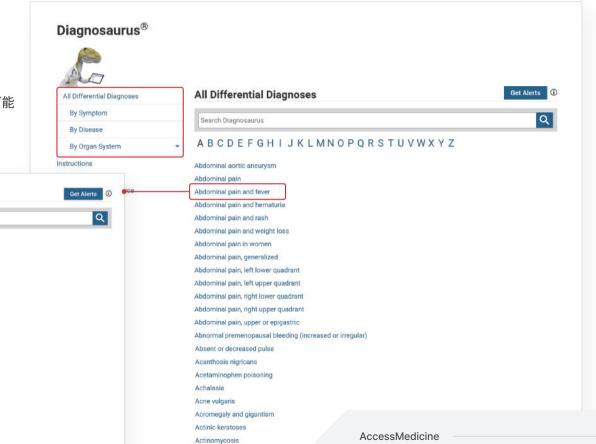
Peritonitis

Appendicitis

Diverticulitis

· Viral hepatitis

DDx





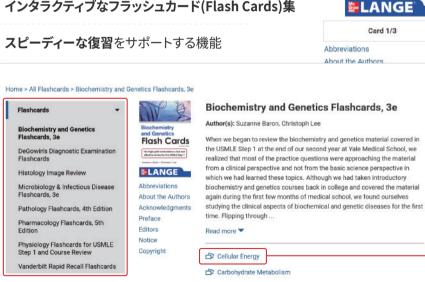
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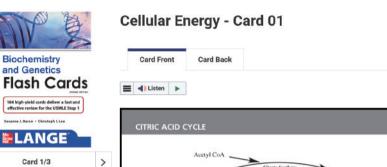


# テーマごとに素早く身につく インタラクティブな フラッシュカード(Flash Cards)

インタラクティブなフラッシュカード(Flash Cards)集

スピーディーな復習をサポートする機能



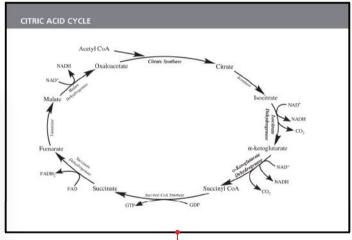


**Biochemistry** 

and Genetics

184 high-yield cards deliver a fast and effective review for the USMLE Step 1

nne J. Baren - Christoph I. Lee

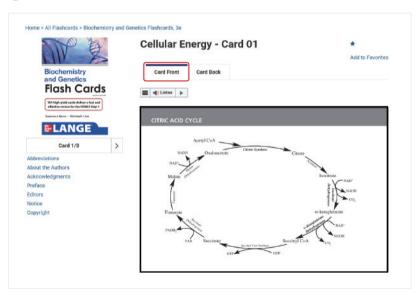




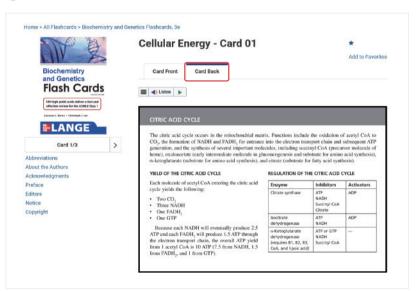
### 効果的に学習・暗記できる

### フラッシュカード(Flash Cards)の両面活用機能

① フラッシュカード(Flash Cards)表面



2 フラッシュカード(Flash Cards)裏面



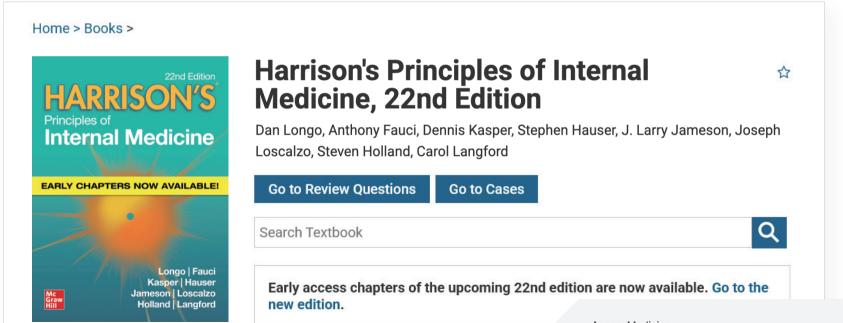
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## Harrison's High Yield Key Points Harrison内科学の必須チャプターを要約

💼 代表的な医学書\*\*"Harrison's Principles of Internal Medicine"\*\*の人気チャプターをまとめた要点集





#### 〒 チャプターごとの膨大な情報を簡潔にまとめた内容

### Harrison's High Yield Key Points - 22nd Edition

| Key Points for Chapter 6: Screening and Prevention of    | Key Poir          |
|--|-------------------|
| Disease  | Key Pc            |
| E Key Points for Chapter 18: Low Back Pain               | E Key Po          |
|  | E Key Po          |
| EV Key Points for Chapter 24: Dizziness and Vertigo      | the Adult         |
|  | <b>E</b> ✓ Key Po |
| ☑ Key Points for Chapter 33: Sleep Disorders             | E Key Po          |
| EV Key Points for Chapter 66: Anemia and Polycythemia    | Key Pc            |
| ☑ Key Points for Chapter 80: Oncologic Emergencies       | Key Pc            |
| ☑ Key Points for Chapter 84: Breast Cancer               |                   |
| ☑ Key Points for Chapter 90: Renal Cell Carcinoma        | Key Po            |
|  | Assessm           |
| Endocrinologic/Hematologic                               | Key Po            |
| EV Key Points for Chapter 102: Iron Deficiency and Other | Key Po            |
| Acquired Anemias Due to Decreased Erythrocyte Production | Hepatitis         |
| ☑ Key Points for Chapter 105: Hemolytic Anemias          | E Key Po          |
| EV Key Points for Chapter 116: Plasma Cell Disorders     | E Key Po          |
|  | Disease           |
|  |                   |

### Key Points for Chapter 6: Screening and Prevention of Disease

nts for Chapter 221: Cryptococcosis

Point 1: Screening and prevention are primary goals in health care to prevent disease or detect it early enough for effective intervention.

**Point 2:** Screening is most effective when applied to common disorders that carry a large disease burden. The leading causes of mortality in the United States include heart diseases, malignant neoplasms, chronic obstructive pulmonary disease, accidents, and cerebrovascular diseases.

**Point 3:** Age and other risk factors are used to determine screening recommendations, and shared decision-making may be important when the benefit-to-harm ratio is uncertain.

**Point 4:** Screening tests and preventive interventions can have benefits and harms. Adverse outcomes can include side effects, false-positive results, overdiagnosis, anxiety, and radiation exposure. The cost-effectiveness of strategies is evaluated based on the cost per year of life saved.

Point 5: The decision to implement a population-based screening and prevention strategy requires weighing the benefits and harms, including the economic impact of the strategy. The costs include not only the expense of the intervention but also time away from work, downstream costs from false-positive results, "incidentalomas" or adverse events, and other potential harms.

**Point 6:** In addition, for patients with advanced diseases and limited life expectancy, there is considerable benefit from shifting the focus from screening procedures to the conditions and interventions more likely to affect quality and length of life.



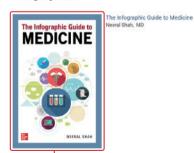


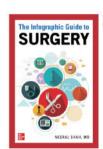
### **Infographic**

# さまざまな疾患、一目で把握! 医療専門家のための、 疾患別の要点まとめ&グラフィックガイド!

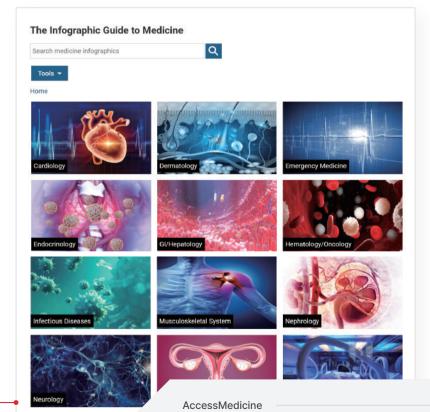
- ≦額 医療専門分野ごとに、さまざまな疾患や状態に関する情報を 素早く復習できるように構成された要約資料とグラフィックを提供

#### Infographics





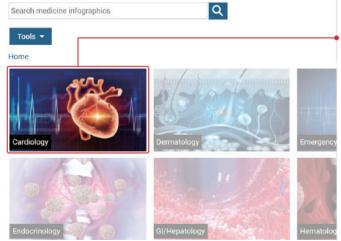
The Infographic Guide to Surgery Neeral Shah, MD

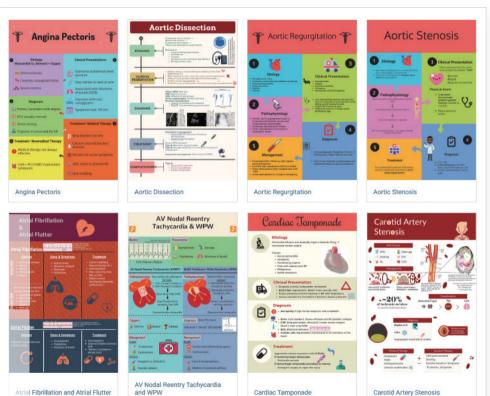




# Infographic メインページ







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## **Infographic**

### 詳細ページ

- 1 印刷(資料の印刷機能)
- 2 共有(SNS・メール等での共有機能)
- 3 引用(参考文献機能)
- 4 注釈(コメント機能)
- 5 参照表示

#### References

Le T, Bhushan V. First Aid for the USMLE Step 2 CK. 10th ed. New York, NY: McGraw Hill; 2018; 33–34.

Le T, Bhushan V, Sochat M. First Aid for the USMLE Step 1 2019. New York, NY: McGraw Hill; 2019:301, -314.

